

COMPETITIVE SELECTIONS - WHAT DO SELECTORS LOOK FOR?

Physical Capacities	Physical capacities including speed over a variety of distances (0-10m & 40m), repeated sprint capacity, aerobic endurance, strength and agility. Formal testing for all these attributes may not necessarily be performed but is an option open to selectors. All players may also be fitness tested during squad training as part of the overall selection assessments and team goal setting.
Technical Competence (Field Player)	Core skills including ballhandling, receiving, passing, tackling, intercepting, marking, leading, eliminating, goal shooting, and set play skills
Technical Competence (Goalkeeper)	Core skills including foot saves, hand saves, positioning, playing off the line, groundwork, repeat efforts, clearance saves and penalty corner skills
Tactical Ability ('Tactical Nous')	Tactical ability includes reading the play, application of game knowledge, involvement and engagement in the game, on field decision making and positional versatility. Ability to apply and utilise information provided by coaching staff related to team objectives and situational requirements.
Potential to Improve	Potential to improve refers to present performance level relative to past performances and perception of future potential. Players deemed to be 'coachable' and actively and openly pursuing improvement and growth are also strongly related.
Competitive Ability	Competitive ability includes mental toughness, error recovery, strength in the contest, temperament, determination, commitment, performing in adverse conditions and big moments and coping with setbacks/criticism and persistence.
Team/Squad Orientation – Display of Cultural Values	Refers to an individual's ability within a team sport, to 'fit in' and influence the squad/team in a positive manner. Capacity to commit to and contribute to the standards and expectations of the team.
Communication	Includes the ability of the player to communicate positively with staff and be open to accept suggestions from coaching staff regarding performance improvement. Players should be able to verbalise concerns regarding coaching and team issues in a calm, mature and non-emotive manner to allow for positive discussion to resolve problems.